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Coffee banana smoothie

INGREDIENTS

100 ml coffee, black

2 tbsp oatmeal, tender

100 ml milk

1 banana

1 tbsp cocoa powder

1 tbsp honey

1/4 tsp cinnamon

INSTRUCTIONS

Soak the oatmeal in the coffee and then puree together. Peel the banana and puree in a blender, add milk, coffee, honey, cocoa powder and cinnamon and mix everything well.